

Special Forces Assessment and Selection

The career management field (CMF) 18 includes positions concerned with the employment of highly specialized elements to accomplish specifically directed missions in times of peace and war. Many of these missions are conducted at times when employment of conventional military forces is not feasible or is not considered in the best interest of the United States. Training for and participation in these missions are arduous, somewhat hazardous, and are often sensitive in nature. For these reasons it is a prerequisite that every prospective "Green Beret" successfully completes the 21-day SFAS course and be selected for Special Forces Training.

The SFAS Course assesses and selects soldiers for attendance at the SFQC. This course uses a "Whole Man" selection process that assesses each candidate for six attributes that are important for all Special Forces Soldiers. These attributes are ***intelligence, trainability, physical fitness, motivation, influence, and judgment.***

All candidates participate in a variety of activities designed to place them under various forms of physical and mental stress. It assesses potential and qualities through behavioral observation, analysis via performance measure, and recording data. All tasks are performed in a neutral environment with limited information and no performance feedback.

Be prepared for anything at SFAS. This is the place where "your mind is your best weapon". Perfect physical condition alone will not get you through SFAS. The SFAS Course assesses and selects soldiers for attendance at the SFQC. This program allows SF an opportunity to assess each soldier's capabilities by testing his physical, emotional, and mental stamina. SFAS also allows each soldier the opportunity to make a meaningful and educated decision about SF and his career plan.

The purpose of SFAS is to identify soldier's who have potential for SF training. The program assesses tactical skills, leadership, physical fitness, motivation, and ability to cope with stress. Activities include psychology tests, physical fitness and swim test, runs, obstacle courses, rucksack marches, small unit tactics, and military orienteering/land nav exercises.

When you report to Fort Bragg, NC, you should be at 100 percent physical ability with zero percent stress level. Any of the following might cause you stress while attending SFAS:

- Wife not in agreement with you
- Financial problems at home
- Medical problems with yourself or family
- Not sure SF is what you want
- Low self-esteem or lack of motivation
- Not in top physical shape for SFAS
- Just to escape your present unit or duty assignment